

CERTIFICATE OF PARTICIPATION

This is to certify that

Michael Millard

Has successfully participated & completed the
5km Shift Wellness - Trail Run, The Shift Series
held at Walter Sisulu Garden.

TIME 01:11:58

PACE 14:22/km
OVERALL 86 of 97

GENDER 30 of 31
14 - 19 2 of 3

23 June 2019, Sun

Date



BoutTime

Signature

